



# GJA WORKSHEET

1/12/21

## Lesson 1: Do Something About It

To commit to learning about leadership, it's important to put your thoughts into action. Choosing to 'act' can help you take being a leader to the next level, assist you in finding out more about yourself or inspire you to do something that, before now, you couldn't imagine doing.

Check the goal(s) you will set to demonstrate your leadership abilities. If you have ideas of your own that you prefer, add them on the lines provided. Then write a date by which you plan to put your goal(s) into action on the "To Do By" lines and the date you completed them on the "Did By" lines. Be sure to fill in "What I did to Achieve my Goal(s)."

<u>Ideas</u>	<u>To Do By</u>	<u>Did By</u>
I will do what I can to help a new teen in my neighborhood, school or youth group feel welcome.	_____	_____
I will sit next to someone other than one of my friends in one of my classes or other activities and offer my help.	_____	_____
I will find out what teen leadership positions are available at school or with a community group or program.	_____	_____
Other ideas:		
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

What I did to achieve my goals:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife. If accommodation to participate in a program is needed or for questions about the physical access provided, please contact the Camp County Extension Secretary, at 903-856-5005, at least one week prior to event.*